



Village Green English Dance Update

Nov. 2014

Social Committee Message

Tickets for the Christmas party are now available from Sandra Johnston or Arlene Cutts. All tickets **must** be purchased in advance and will not be available at the door. To ensure the success of this special event, volunteers are needed to share tasks. Please look for the sign-up sheets in class and sign up to help. Remember to bring your pot-luck item **ready-to-serve** and take your serving dishes home at the end of the evening. The evening will end with carol singing. Stay for a final cup of tea or coffee, have some dessert, and enjoy the carols!

A message from Jeannie Gilbert

Paul update November 2014

I know many of you wonder how Paul is doing, but do not wish to ask me when I come dancing. Thank you for that. It is a wonderful respite to put troubles aside for a little while and concentrate on casting off and dancing a double up and back etc.

There has been progress in the area of communication. The speech and language pathology team from Deer Lodge are working to get Paul set up with computer-assisted communication. They are still in the process of determining the most efficient switch for Paul. He can use his eyes very effectively, but they feel that any extended periods of time would lead to dry eyes and inadvertent blinking which in turn would lead to false clicks. Most recently he has been experimenting with a switch which is triggered by a touch of the lips.

It is very sensitive and has to be set up precisely, within mm of the lips, but he had a good session with it last week. The team are coming again this week. He has also been fitted with a new trach that does not permit material from the mouth to enter the lungs and cause pneumonia. The trach has a valve which can be used to pass air over the vocal chords, permitting Paul to vocalize. We are in the early stages of practising with it at the moment. We understand that it could take several weeks for Paul to get comfortable with it. Other than that we are constantly trying to manage the pain. It is difficult to always know where it is. Sometimes he can indicate that the band around the neck holding the trach in place is too tight. Other times he can tell us he has a headache or that he has pain in the middle of the back. On good days, we look at the old photograph albums, watch DVD's, a film or read from an ongoing book.

Thank you all for all your kind thoughts and good wishes. Jeannie

VILLAGE GREEN TEA DANCES

Last Spring I was encouraging Loraine and Nancy to return to Wednesday night dancing after their year away. They had been regulars previously and enjoyed it. But now their lives are such that they are unavoidably busy Wednesday evenings. In addition, they felt they had been away too long to be able to pick up where they had left off.

Now I was reminded that Jackie and I had recently thought about having an afternoon class especially for those who don't like to venture out on the cold winter evenings.

The four of us put our heads together with the result that in June we held a Tea Dance on a Friday afternoon at Fred Douglas Place (no rent to pay, in fact on cost at all!). In attendance were several Village Green folk, and a couple of Fred Douglas Place residents i.e. new to English Country Dancing.

Jackie and I agreed to do the teaching. We chose simple dances. When we stopped we enjoyed a cup of tea and some goodies.

We agreed the afternoon had been a success and planned follow-up. The end result is that we are holding monthly Tea Dances on Friday afternoons from 1:30 until 3:30. We continue to teach simple dances, keeping it all quite informal and, of course, follow with tea and goodies.

So, we welcome beginning as well as more experienced dancers. Here is an extra opportunity for newer dancers to become more familiar with the steps, figures and dances, and more experienced dancers to do what they enjoy, dance, and help out the newer dancers.

Ps. Loraine and Nancy are regulars and also help out with making the tea and ensuring goodies.

Tea Dances are planned at 1:30 on:

Friday, December 5

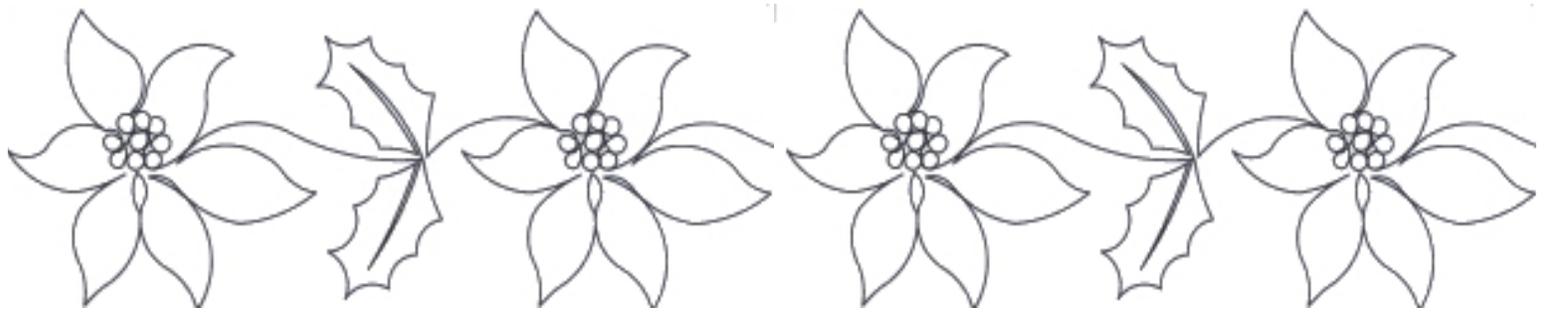
Friday, January 9

Friday, February 20

All dances are held at Fred Douglas Place, 333 Vaughan St (on the corner of Ellice). Some parking is available behind the building. Phone Maureen at 204-783-1488 or Jackie at 204-254-0628 if you plan to attend so that we can let you in the front door.

See you dancing,

Jackie Soble and Maureen McIntosh



I'm dreaming...
of the
Village Green Christmas Dinner & Dance

Saturday, December 13, 2014
Silver Heights United Church
199 Garrloch Avenue at Ness

Doors open at 5:00 for Wassail at 5:30 pm

Dinner at 6:00 pm

Dancing at 7:30 pm

With

The Fine Companions

Admission \$15 (includes beverage) plus potluck contribution

Dancing Only \$10

Tickets available from Sandra Johnson or Arlene Cutts

Dinner tickets pre-purchase only

A Donation Will Be Made To The Christmas Cheer Board